Examination Period 3: 2016/17

PSY302717N

Module title: Psychology of Spirituality, Religion & Wellbeing
Level: Six
Time allowed: Two hours

Instructions to students:
- Enter your student number **not** your name on all answer books.
- Answer **two** questions: **one** from **Section A** and **one** from **Section B**.
- All questions are equally weighted.
- Begin each question in a separate answer book; label each answer book clearly with the number of the question you are answering.
- Neither books nor notes may be taken into the examination.

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Section A

Answer one out of three questions.

1. How might Ken Wilber’s “structural-hierarchical” model of spirituality be critiqued?

2. Why is William James considered to be one of the “fathers” of transpersonal psychology?

3. Why is mindfulness meditation recommended in the treatment of depression? Your answer should indicate the mechanisms by which mindfulness meditation is thought to work.

End of Section A
Section B follows overleaf
Section B

Answer one out of three questions.

4. Rambo (1990) claims that his model of religious conversion is not strictly a ‘stage’ model of conversion. Explain what the limitations of a ‘stage’ model might be, and assess whether Rambo has managed to avoid these.

5. What is ‘spiritual intelligence’, and how can it be cultivated?

6. Critically assess the following statement: “It is unequivocal that religious belief has a positive effect on psychological coping.”