Examination Period 3: 2016/17

PSY301317NB

Module Title: The Psychology of Health
Level: Six
Time Allowed: Two hours

Instructions to students:

- Enter your student number not your name on all answer books.
- Answer three questions: you must answer Section A and then one question from Section B and one question from Section C.
- The same material should not constitute a substantial part of more than one answer.
- Begin each question in a separate answer book; label each answer book clearly with the number of the question you are answering.
- Section A is a seen question (recommended one hour to answer).
- The seen paper distributed prior to the examination is not permitted into the examination room. A new copy will be provided.

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Section A
You must answer this seen question (recommended 1 hour to answer).

1. Critically evaluate the impact mindfulness has on stress reduction and building resilience.

Section B
Answer one out of three questions (recommended 30 minutes to answer).

2. What is ‘quality of life’ and what aspects of well-being does it encompass?

3. What are the positive psychological outcomes that are associated with patient satisfaction of people with cancer?

4. How can health psychology contribute to the assessment and management of chronic pain?

Section C
Answer one out of three questions (recommended 30 minutes to answer).

5. Discuss ‘Attribution Error’ in relation to obesity.

6. To what extent can ‘Type A’ personality affect health?

7. Critically discuss the psychological impact from a person’s perspective following a diagnosis.

End of Paper